



ANITA CHAVAN

DOB : 14-10-1968

BIRTH PLACE : RAJAPUR , Ratanagiri, Maharashtra .

EDUCATIONAL QUALIFICATION :

Primary school : RATANAGIRI (1st-4th) , MUMBAI (5th-9th)

SSC : KUDAL, KOKAN , SINDHUDURG 1984

BSC : SAWANTWADI , KOKAN , SINDHUDURG 1989

MSC : MUMBAI 1991

B.ED. : MUMBAI 1993

DIPLOMA IN INTERIOR DESIGN : MUMBAI 2006

MEDITATION COACH : 2020

MEDITATION COUNSELOR : 2020

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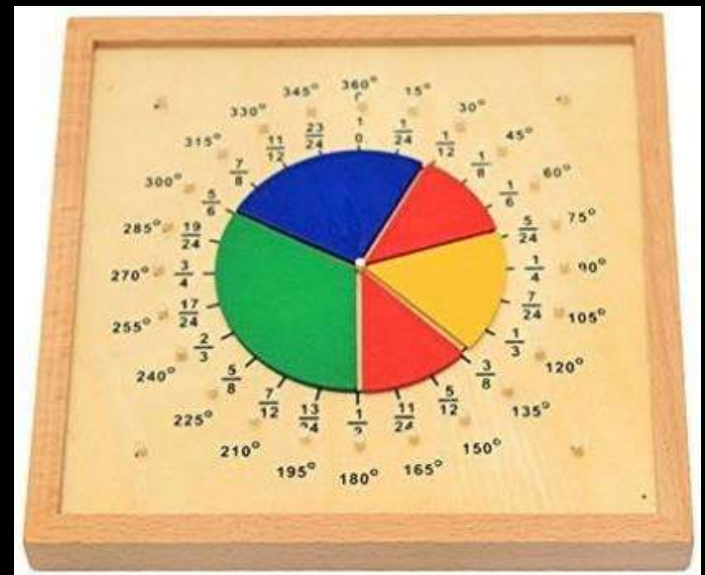
EDUCATION FIELD

Anita Chavan is M.Sc. in Chemistry and B.Ed. She served as a teacher and coordinator for secondary and higher secondary well known schools in Mumbai for more than 12 years.

She has teaching experience in Mathematics and Science.

She has honored with **Regional Gold medal** in Mathematics Toolkit for secondary and higher secondary .

Toolkit : it was a creative teaching aid for mathematics teachers . It covered many complex concepts and theories to understand in beautiful colorful way . It was created on a plywood board with a big circle made up of nails. Many complex concepts from Algebra and Geometry were explained using colorful rubber bands , craft papers , push pins etc.



PRATIK INTERIORS

After successful tenure in Education field Anita opted for a creative pathway.

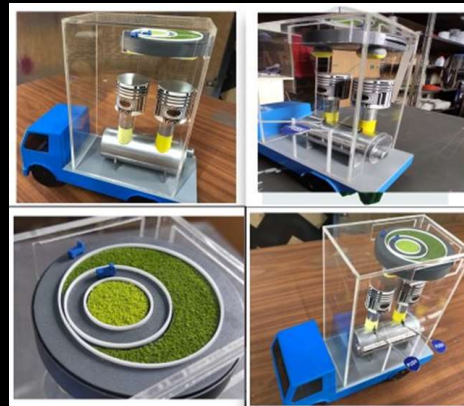
Anita Chavan possess a professional Diploma in Interior Design and is a Proprietor and creative head of the firm "**Pratik Interiors**" since 17 years with hundreds of projects done in residential and commercial sector in India. (SINCE 2006 TILL TODAY)



WEBSITE : www.pratikinteriors.com

← Currently firm's Residential project is published in one of India's leading magazine "**Inside Architecture**" with her cover photo in its Diwali special edition 2022.

Firms creative Toolkit project For overseas client. →



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DR. UDAYSHANKAR BHAT

ANITA CHAVAN

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Anita Chavan started meditation since 2006 to beat the stress and get peaceful lifestyle. She is a certified Meditation coach and counselor . She conducts events specially designed for students , corporate sector and others and promotes meditation through her own venture **"Eternity Meditation "**. She has conceptualized a program with sensory activation using lights , music, mantra followed by guided meditations.

Anita Chavan is a Founder of Group “Mitava Foundation”

Anita feels that we should be helpful and give back to society In whatever way we can.

With this intention she established a social work group with her elder Sisters and friends In 2016 and helps underprivileged in Maharashtra since then .

Group members visit personally to spend Quality time with different organizations and Donate as per their needs.

They do mostly 4 projects per year in different Places in Maharashtra .

During pandemics they helped the needy Via online transactions and arranged Materials , groceries etc. through local vendors.



Awarded as

“ Creative Entrepreneur of the year 2022” at
“ ICONS OF ASIA GLOBAL EMPIRE” award ceremony held in
Delhi AT HOTEL RADDISON BLUE .

Category : EDUCATION , BUSINESS, SPIRITUALITY, SOCIAL WORK.



Awarded by

Dr Deepak Singh, Cultural Ambassador to Seychelles, Govt of India.

Mr K L Ganju, Honorary Consulate General to Union of Comoros.

Dr Neeraj Sharma, Consulate General to Republic of Palau.

Dr Manoj Gorkela, Dy Advocate General, Uttarakhand, Supreme court special counsellor.

Shri Prashant Mukund Prabhu, Head Iskon Dwaraka.



CROWNED as

“ MRS. INDIA GOLDEN HEART”

at

**“ MISS AND MRS INDIA” CONTEST
BY TAJ EVENTS AND PRODUCTIONS**

held in PUNE AT HOTEL SADANAND REGENCY .

ANITA CONDUCTED A **HEART MEDITATION** SESSION FOR
ALL MODEL CONTESTANTS .

SHE TOUCHED THEIR HEARTS WITH HER HEART MEDITATION
SESSION **“EVOLVE YOUR INNER CHILD WITHIN “** .

MODELS FELT VERY RELAXED AND THEIR CONFIDENCE LEVEL
INCREASED.

FELICITATION ON INTERNATIONAL WOMEN DAY 2023



ANITA CHAVAN IS FELICITATED AS ASPIRING WOMEN ENTREPRENEUR WHO HAS EMPOWERED HERSELF AS A ROLE MODEL FOR MANY.

A WELL KNOWN **SINDHU-DISHA TRUST** WHO WORKS FOR UNDERPREVEDGED SCHOOL CHILDREN IN KOKAN, HONURED HER WITH A SHAWL AND CERTIFICATE AT HER RESIDENCE.

MEDIA COVERAGE

THE LIFE STORY OF ANITA CHAVAN HAS BEEN COVERED IN MEDIA SO FAR TO INSPIRE OTHERS WITH HER OWN JOURNEY TOWARDS EMPOWRED WOMEN .

SHE WAS ALSO INVITED FOR A LIVE INTERVIEW ON “KOKAN NOW” – NO 1 YOUTUBE CHANNEL OF KOKAN HELD ON 24 TH JANUARY 2023

कोकणचं नं १ चॅनेल

कोकण नाऊ

प्रभाते पुष्प 561 मनी

: सहभाग :

सवादीका रिया पवार (सजापूर मुंबई)

अनिता चव्हाण (मालवण)

क्रीएटिव्ह डिजायनिंग माय प्यारल !

दि. 24 जानेवारी रोजी सकाळी १० ते १०:२० कोकण नाऊच्या युट्युब चॅनेलवर लाईव्ह

मंगळवार

प्रायोजक : Sanjay Ghodawat University

Empowering Lives Globally !

MEDIA COVERAGE LINKS

<https://www.inc91.com/creativity-is-limitless-and-can-overcome-all-obstacles-anita-chavan>

<https://www.hindustanbytes.com/creativity-has-no-bars-and-can-outperform-all-the-barriers-anita-chavan>

<https://www.entrepreneurhunt.com/news-trends/creativity-has-no-bars-and-can-outperform-all-the-barriers-anita-chavan/>
<http://dhunt.in/K48Zm>



Creativity has no bars and can outperform all the barriers: A...
This world is a beautiful thing. Pe...
m.dailyhunt.in

AIM AND CREATIVE TRIBUTE TO MOTHER EARTH

TO CREATIVELY SET UP A **MODEL ECOVILLAGE** CONCEPT TO BEAT GLOBAL WARMING ISSUES.
TO PROMOTE ECO-FRIENDLY, SUSTAINABLE GREEN ARCHITECTURE SOLUTIONS FOR DEVELOPMENT.

AS A CREATIVE HEAD OF "PRATIK INTERIORS" WITH HER DEDICATED TEAM SHE IS DEVELOPING AN ECOVILLAGE IN SERENE KOKAN ON 3 ACRE LAND NEAR A WATER BODY.

THEY HAVE PLANNED FOR SMALL COTTAGES AND HUBS WITH FACILITIES SUCH AS MEDITATION HALL, TEMPLE, AMPETHEATRE, FARMING GRAINS AND VEGETABLES, FRUITS AND FLOWERING TREES, MESS, LIBRARY ETC ALONG WITH MANY PRODUCTION IDEAS AND TOURISM FACILITIES TO GENERATE REVENUE ON THEIR MIND.

THEY ARE USING ALL NATURAL CONSTRUCTION MATERIALS AND SUSTAINABLE SOLUTIONS FOR ELECTRICITY AND SANITATION ON ENTIRE PLOT.

A HEALTHY, ACTIVE, NATURAL, POLLUTION FREE AND MINIMALISTIC LIFESTYLE WITH YOGA AND MEDITATION WILL SERVE AS MEANS TO HANDLE GLOBAL WARMING ISSUES.



My MISSION : Celebrate Happiness within You.

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Lets create a world full of happiness, love and care where there will be no sadness , hate and greed. I have seen many close people be the victims of mental torture ,Gender bias , family trauma , social norms For years which is not visible outside closed doors. Sometimes even Its done in silent ways by influencing your minds and souls with sweet tongue that you yourself surrender and sacrifice your dreams for others .



Remember you Have come to this planet for evolution of your own soul . Others will take care of themselves . Be out of this cage Of sacrifice , social norms and come out of cocoon and fly with your own light of wisdom. Lets make them fearless and face the situations instead of running away.

It will include giving them a common platform and opportunities to showcase their hidden talents , develop their personality and empower them to face the world with pride and confidence. Give wings to their dreams and help them execute their dreams .

WITH MY DIVERSIFIED PORTFOLIO AND SOME ACHIVEMENTS , I WOULD NOW LIKE TO HELP OTHERS TO ACHIEVE THEIR DREAMS. .



THANK YOU

